

POLYRHYTHMS FOR DUMMIES

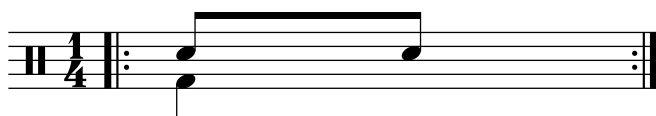
This lesson introduces you to the concept of polyrhythms, and demonstrates the formula for working out everything from basic and advanced polyrhythms based on any two numbers you choose. Below is the formula you'll see explained in the video:

Polyrhythm Formula:

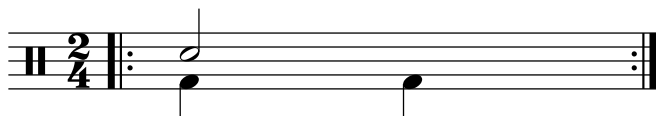
Take X:N (N = primary pulse, X = secondary pulse)

1. Create a bar with 'N' primary beats
2. Subdivide each beat into 'X' notes
3. Accent every 'N' subdivided notes
4. Remove non-accented notes (but count them)

EX. 1 (2:1)



EX. 2 (1:2)



EX. 3a (3:2)

EX. 3b



EX. 3c

EX. 3d



EX. 4a (2:3)

EX. 4b



EX. 4c

EX. 4d



EX. 5a (4:3)

EX. 5b

EX. 5c

EX. 5d

EX. 6a (3:4)

EX. 6b

EX. 6c

EX. 6d

EX. 7a (5:2)

EX. 7b

EX. 7c

EX. 7d

EX. 8a (4:4)

EX. 8b

EX. 8c

EX. 8d

