

## EXTENDING THE FLAM ACCENT

This group of exercises shows you some extensions and modifications to the flam accent rudiment with the aim of enhancing it's usefulness as a musical tool, and allowing you to work it in with other different but related sticking patterns. Each exercise should be practiced on it's own at first. Once the patterns are built into your muscle memory, the end goal is to combine them to create musical phrases that you can use in grooves, fills and soloing etc.

Ex. 1 - Flam Accent - Alternating Lead

L R                      L                      R                      R L                      R                      L

Ex. 2 - Flam Paradiddle - Alternating Lead

L R L R                      R L R L

Ex. 3 - Flam Paradiddle - 1 - Alternating Lead

L R L R                      R L R L

Ex. 4 - Flam Paradiddle - 2 - Alternating Lead

L R L R                      R L R L

Ex. 5 - Flam Paradiddle - 3 - Alternating Lead

L R L R                      R L R L

Ex. 6 - Flam Paradiddle - 4 - Alternating Lead

L R L R                      R L R L

Ex. 6 - Flammed Four - Alternating Lead

LR L R L RL R L R

Ex. 7a - Flammed Five - Right Hand Lead

Ex. 7b - Left Hand Lead

LR L R L R RL R L R L

Ex. 8 - Flammed Five - Alternating Lead

LR L R L R RL R L R L

Ex. 9a - Flammed Six - Right Hand Lead

Ex. 9b - Left Hand Lead

LR L R L R RL R L R L

Ex. 10 - Flammed Six - Alternating Lead

LR L R L R RL R L R L

Ex. 11 - Flammed Double Barre Diddle - Normal Lead

LR L R L R RL R L R L

Ex. 12 - Combinatory Example 1

LR L R RL R L LR L R RL R L LR L R R

RL R L LR L R RL R L LR L R RL R L L

Ex. 13a - Combinatory Example 2 - Right Hand Lead

LR L R RL R L LR L R RL R L LR L R R

Ex. 13b - Left Hand Lead

RL R L LR L R RL R L LR L R RL R L L

Ex. 14 - Combinatory Example 3

LR L R RL R L LR L R RL R L LR L R R

RL R L LR L R RL R L LR L R RL R L L