


Sixteenth-Note Rock Beat

The sixteenth-note rock beat is a **4/4** beat with a sixteenth-note subdivision feel played on the hi-hat (four groups of four sixteenth-notes). Exercises 1-9 show you how to build up the basic beat and add some hi-hat accents. Exercises 10-18 focus on alternate hi-hat rhythms with and without accents.

With Metronome
 Play at ♩ = 60 Repeat all EXs at ♩ = 80



EXs 1-6 - Building The Beat

EX. 1 - Eighth-Notes - Right Hand Sticking

EX. 2 - Sixteenth-Notes - Alternating Sticking

Count: 1 + 2 + 3 + 4 + Count: 1 e + a 2 e + a 3 e + a 4 e + a

R R R R R R R R R L R L R L R L R L R L R L

EX. 3 - Sixteenth-Notes - Right Hand Sticking

R R R R R R R R

EX. 4 - Add Bass Drum

EX. 5 - Add Snare Drum

EX. 6 - Hi-Hat Beat

EX. 7 - Accents On Downbeats

① e + a ② e + a ③ e + a ④ e + a

Musical notation for EX. 7 showing four measures of a hi-hat pattern. Each measure starts with an accent (>) on the first eighth note, followed by a quarter note, and then a quarter rest. The notes are marked with 'e' and 'a' above them.

EX. 8 - Alternate Hi-Hat Rhythm 1

① e ⊕ a ② e ⊕ a ③ e ⊕ a ④ e ⊕ a

Musical notation for EX. 8 showing four measures of an alternate hi-hat rhythm. Each measure starts with an eighth note, followed by a quarter note, and then an eighth note. The notes are marked with 'e', '⊕', and 'a' above them.

EX. 9 - Alternate Hi-Hat Rhythm 2

① e ⊕ a ② e ⊕ a ③ e ⊕ a ④ e ⊕ a

Musical notation for EX. 9 showing four measures of an alternate hi-hat rhythm. Each measure starts with an eighth note, followed by a quarter note, and then an eighth note. The notes are marked with 'e', '⊕', and 'a' above them.