

Eighth-Note Rock Beat

Eighth-Note Kick Additions

The exercises in this lesson expand on the basic eighth-note rock beat by adding and taking away bass drum beats on different eighth-notes in the bar. Part one begins with basic eighth-note beats with one, two and three kicks per bar, part two combines different beats into 2-bar patterns, while part three is a list of common, practical beats to for you to learn.

Count out and play each exercise below at a slow, steady tempo, repeat 4 times then move on to the next. Remember to count aloud as you play, especially for any beats you find difficult. When complete, repeat all exercises at a slightly faster tempo.

PART ONE

With Metronome

Play at ♩ = 70 Repeat all EXs at ♩ = 100



EXs 1-8 - One Kick Per Bar

EX.1

Count: ① + ② + 3 + ④ +

EX.2

1 ⊕ ② + 3 + ④ +

EXs 9-15 - Two Kicks Per Bar

EX. 9

EX. 10

① ⊕ ② + 3 + ④ + ① + ② + 3 + ④ +

EX. 11

EX. 12

① + ② ⊕ 3 + ④ + ① + ② + ③ + ④ +

EX. 13

EX. 14

① + ② ⊕ 3 ⊕ ④ + ① + ② + ③ + ④ +

EX. 16

① ⊕ ② + 3 + ④ +

EX. 17

① ⊕ ② ⊕ 3 + ④ +

EX. 18

① ⊕ ② + ③ + ④ +

EX. 19

① ⊕ ② + 3 ⊕ ④ +

EX. 20

① ⊕ ② + ③ + ④ +

EX. 21

① ⊕ ② + 3 ⊕ ④ ⊕

EX. 22

① ⊕ ② ⊕ 3 + ④ +

EX. 23

① ⊕ ② ⊕ ③ + ④ +

EX. 24

① ⊕ ② + ③ + ④ +

EX. 25

① ⊕ ② + ③ ⊕ ④ +

EX. 26

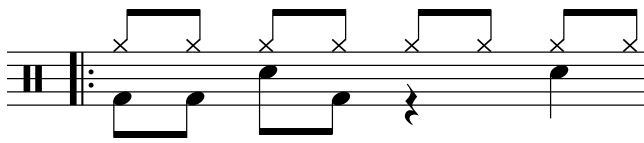
① ⊕ ② ⊕ ③ + ④ ⊕

EX. 27

① ⊕ ② + ③ ⊕ ④ ⊕

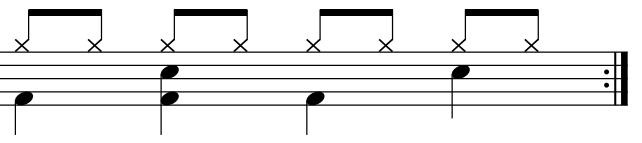
EX. 27

① ⊕ ② ⊕ 3 + ④ +



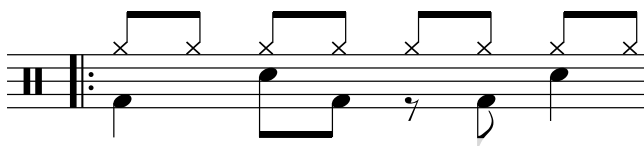
EX. 28

① + ② + ③ + ④ +



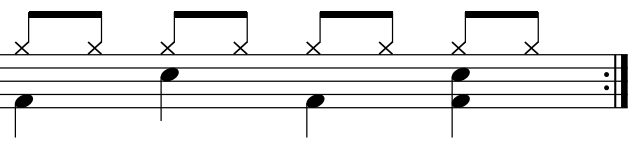
EX. 29

① + ② ⊕ 3 ⊕ ④ +



EX. 30

① + ② + ③ + ④ +



EX. 31

① ⊕ ② ⊕ ③ ⊕ ④ ⊕



EX. 32

① ⊕ ② ⊕ ③ ⊕ ④ ⊕



PART TWO

EXs 33-40 - Two-Bar Combinations Part One

EX. 33

① + ② + ③ + ④ + ① + ② + 3 + ④ +

EX. 34

① + ② + ③ + ④ + 1 + ② + 3 + ④ +

EX. 35

① + ② + ③ + ④ + 1 + ② + 3 + ④ +

EX. 36

① + ② + ③ + ④ + 1 + ② + ③ + ④ +

EX. 37

① + ② + ③ + ④ + 1 + ② + ③ + ④ +

EX. 38

① + ② + ③ + ④ + 1 + ② + ③ + ④ +

EX. 39

① + ② + ③ + ④ + 1 + ② + ③ + ④ +

EX. 40

① + ② + ③ + ④ + 1 + ② + ③ + ④ +

EX. 41

① + ② + ③ + ④ + ① + ② + ③ + ④ +

EX. 42

① + ② + ③ + ④ + ① + ② + ③ + ④ +

EX. 43

① + ② + ③ + ④ + ① + ② + ③ + ④ +

EX. 44

① + ② + ③ + ④ + ① + ② + ③ + ④ +

EX. 45

EX. 46

① + ② + ③ + ④ + ① + ② + 3 + ④ + ① + ② + ③ + ④ + ① + ② + 3 + ④ +

EX. 47

① + ② + ③ + ④ + ① + ② + 3 + ④ +

EXs 48-58 - Two-Bar Combinations Part Three

EX. 48

EX. 49

① + ② + ③ + ④ + ① + ② + 3 + ④ + ① + ② + ③ + ④ + ① + ② + 3 + ④ +

EX. 50

EX. 51

① + ② + ③ + ④ + ① + ② + 3 + ④ + ① + ② + ③ + ④ + ① + ② + 3 + ④ +

EX. 52

EX. 53

① + ② + ③ + ④ + ① + ② + 3 + ④ + ① + ② + ③ + ④ + ① + ② + 3 + ④ +

EX. 54

EX. 55

① + ② + ③ + ④ + ① + ② + 3 + ④ + ① + ② + ③ + ④ + ① + ② + 3 + ④ +

PART THREE

EXs 65-112 - Common & Useful Beats

EX. 65 **EX. 66** **EX. 67** **EX. 68**

① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ +

EX. 69 **EX. 70** **EX. 71** **EX. 72**

① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ +

EX. 73 **EX. 74** **EX. 75** **EX. 76**

① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ +

EX. 77 **EX. 78** **EX. 79** **EX. 80**

① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ +

EX. 81 **EX. 82** **EX. 83** **EX. 84**

① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ +

EX. 85 **EX. 86** **EX. 87** **EX. 88**

① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ +

EX. 89 **EX. 90** **EX. 91** **EX. 92**

① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ + ① + ② + ③ + ④ +

EX. 89

EX. 90

EX. 91

EX. 92

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

Musical notation for examples 89-92. Each example consists of a single staff with a treble clef and a 7/8 time signature. Above each staff are four 'x' marks representing drum hits. Below the staff, rhythmic notation shows quarter notes and eighth notes. Example 89: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 90: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 91: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 92: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕.

EX. 93

EX. 94

EX. 95

EX. 96

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

Musical notation for examples 93-96. Each example consists of a single staff with a treble clef and a 7/8 time signature. Above each staff are four 'x' marks representing drum hits. Below the staff, rhythmic notation shows quarter notes and eighth notes. Example 93: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 94: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 95: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 96: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕.

EX. 97

EX. 98

EX. 99

EX. 100

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

Musical notation for examples 97-100. Each example consists of a single staff with a treble clef and a 7/8 time signature. Above each staff are four 'x' marks representing drum hits. Below the staff, rhythmic notation shows quarter notes and eighth notes. Example 97: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 98: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 99: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 100: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕.

EX. 105

EX. 106

EX. 107

EX. 108

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

Musical notation for examples 105-108. Each example consists of a single staff with a treble clef and a 7/8 time signature. Above each staff are four 'x' marks representing drum hits. Below the staff, rhythmic notation shows quarter notes and eighth notes. Example 105: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 106: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 107: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 108: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕.

EX. 110

EX. 111

EX. 112

EX. 113

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

Musical notation for examples 110-113. Each example consists of a single staff with a treble clef and a 7/8 time signature. Above each staff are four 'x' marks representing drum hits. Below the staff, rhythmic notation shows quarter notes and eighth notes. Example 110: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 111: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 112: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 113: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕.

EX. 114

EX. 115

EX. 116

EX. 117

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕

Musical notation for examples 114-117. Each example consists of a single staff with a treble clef and a 7/8 time signature. Above each staff are four 'x' marks representing drum hits. Below the staff, rhythmic notation shows quarter notes and eighth notes. Example 114: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 115: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 116: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕. Example 117: 1 ⊕ 2 ⊕ 3 ⊕ 4 ⊕.