

# Directional Stickings Part 1- Single Strokes

The exercises in this lesson take odd groupings of single strokes (alternating sticking) and apply them to the drum kit in a manner that takes advantage of the natural right > left > right > left directional flow of alternating stickings patterns in odd groupings. All exercises can be played as written on snare and toms, but can then be improvised on, moving to other drums/cymbals in a right > left > right > left direction. As well as developing a sense for odd groupings, these exercises are a great physical workout and are useful for developing speed and accuracy on the drum kit.

EX. 1 - Groups Of Three As Triplets

R L R L R L R L R L R L R L R L R L R L R L R L

EX. 2 - Groups Of Three As Sixteenth-Notes

R L R L R L R L R L R L R L R L R L R L R L R L

EX. 3 - Groups Of Five As Quintuplets

R L R L R L R L R L R L R L R L R L R L R L R L

EX. 4 - Groups Of Five As Sixteenth-Notes

R L R L R L R L R L R L R L R L R L R L R L R L

EX. 5 - Five Three

R L R L R L R L R L R L R L R L R L R L R L R L

EX. 6 - Three + Five

R L R L R L R L R L R L R L R L R L R L R L R L