

# SACHA K - DRUM LESSONS

## DYNAMIC STROKES

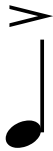
### Introduction

The following four strokes are designed to make you think about what your sticks are doing before and after playing notes with varied dynamics. Go slow, paying particular attention to the height of your sticks at the start and end position of each stroke and make sure both your left and right sticks are doing the same thing. In the end, you should be able to hear if you are achieving the correct dynamics in your strokes.

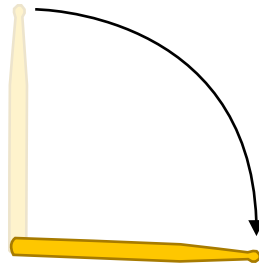
### Full Stroke

Starts **High**, Ends **High**

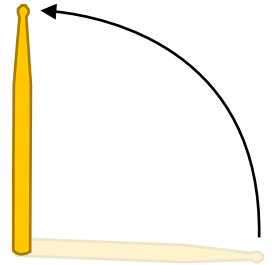
Produces **Loud** Note



Start Position



Stroke



End Position

### Down Stroke

Starts **High**, Ends **Low**

Produces **Loud** Note



Start Position



Stroke



End Position

### Tap Stroke

Starts **Low**, Ends **Low**

Produces **Quiet** Note



Start Position



Stroke



End Position

### Up Stroke

Starts **Low**, Ends **High**

Produces **Quiet** Note



Start Position



Stroke



End Position

**FULL DOWN TAP UP - ONE HAND AT A TIME**

EX. 1

or R L      R L      R L      R L

**FULL DOWN TAP UP - BOTH HANDS**

EX. 2

or R L      L R      R L      L R      R L      L R      R L      L R

EX. 3

or R L      R L      R L      R L

EX. 4

or R L      L R      R L      L R

EX. 5

or R L      L R      R L      L R

EX. 6

or R L      L R      R L      L R

DOWN UP TAP - ALTERNATING

EX. 7

DOWN UP TAP DOWN UP TAP

or R L L R R L L R

DOWN UP TAP TAP - SINGLE PARADIDDLE STICKING

EX. 8

DOWN UP TAP TAP DOWN UP TAP TAP

R L R L L R L R